



# Parent's Guide

## Meet the Mascots!

Welcome! Deer Valley's mascots frequently visit our Children's Center and meet kids on the snow. Our mascots aid in teaching children to be prepared for their ski lessons and to be safe while on the mountain. We would like you to meet our Deer Valley mascots!



**Bucky** is Deer Valley's original mascot. He can be found walking around the resort, greeting children and participating in special kids' programs.



**Quincy** is one fun and funny bear! He makes sure our young skiers enjoy their visit to the resort, whether on snow or indoors.



**Ruby** helps our guests get ready for their visit to the resort. She offers advice on clothing and other preparations, so their stay goes smoothly. Be sure to check out NextGen DV at Snow Park Lodge for the latest styles in youth ski clothing and accessories.



**Silver** is our safety overseer. She makes sure our young guests understand the importance of following the rules for a safe, fun skiing experience.

*Silver says:*

**KNOW THE CODE!** The Skier's Responsibility Code rules the slopes. It's the seven rules of the slopes, and many accidents can be avoided by adhering to the code. Please teach the code to your children.

- Always stay in control and be able to stop or avoid other people or objects
- People ahead of you have the right of way. It is your responsibility to avoid them
- You must not stop where you obstruct a trail or are not visible from above
- Whenever starting downhill or merging onto a trail, look uphill and yield to others
- Always use devices to help prevent runaway equipment
- Observe all posted signs and warnings. Keep off closed trails and out of closed areas
- Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely

*Ruby says:*

If your children wear ski helmets, remember you may have to raise your voice to get their attention because helmets may impede their hearing. Make sure the helmets fit correctly. Ski helmets are not items you buy for your children to grow into. Educate your children about the benefits and limitations of helmets and that wearing helmets doesn't give your children permission to ski faster or recklessly. Deer Valley encourages our guests to become educated about child and adult ski helmet use. For more information, visit the National Ski Association's [Lids on Kids](#) website.

**Label all personal items.** Gloves, goggles, boots and skis all look alike to a child. Labels ensure your children will return with the items with which they start.

**Dress in layers.** Mother Nature has a mind of her own. If not wearing a helmet, you should wear a hat or headband, since the percentage of heat you lose through your head depends on how well you bundle up the rest of your body. Layering allows you to accommodate the body's constantly changing temperature. For example, dress your kids in polypropylene underwear (top and bottom) that feels good next to the skin, dries quickly, absorbs sweat and keeps them warm. Your kids should also wear turtlenecks, sweaters and waterproof jackets.

**Be sure to wear sun protection.** Even on cloudy days, the sun reflects off of the snow and is stronger than you think. Re-apply sunscreen on exposed areas throughout the day. A ski vacation with a sunburn is no fun!

**Sunglasses or goggles are required.** All students in ski lessons must wear sunglasses or goggles. Skiing is a lot more fun when you can see. Always wear eye protection.

**When buying ski wear, look for fabric that is water and wind resistant.** Look for wind flaps to shield zippers, snug cuffs at wrists and ankles, collars that can be snuggled up to the chin and deep pockets.

**Make sure your children know when to stop skiing.** Examples include if the clothing layer next to their skin stays wet and they're chilled, if they're injured, if they have a problem with their equipment or if they're simply worn out. Educate them that it's okay to stop before the end of the day and that breaks are fun. If they're in a ski lesson, teach them to tell their instructor if any of these conditions exist.

**Know how to find each other.** If you are free skiing with your children, establish a meeting place in case you get separated. You may want to have a note in their jacket pocket with your name, your cell phone number, the name and phone number of your hotel or lodging property and other pertinent contact information. If your child is in a ski lesson, this information is available on your guest file for the Ski School supervisors; please make sure it is up to date.

*Bucky and Quincy say:*

We look forward to seeing you on the snow for a fun, safe skiing experience!