



## BREAKFAST MENU

7:30 a.m. - 11:30 a.m.

### BREAKFAST PLATE

scrambled eggs, Cabot white cheddar, chives, asparagus, cherry heirloom tomato salad, Niman Ranch apple sausage links, toasted sprouted wheat berry bread ~ \$12.75

### SOUTHWESTERN BREAKFAST WRAP \*

scrambled eggs, black beans, pepper jack cheese, guacamole, baby heirloom tomato, green chili, fried Oomph! spiced potatoes, salsa fresca, whole wheat tortilla ~ \$12.95

TOAST OF THE DAY ~ \$12.25 (no substitutions please)

### BREAKFAST SANDWICH

two over medium eggs, Cabot white cheddar, maple pepper bacon, fresh arugula, freshly baked stoneground English muffin ~ \$11.75

### DUTCH BABY

fresh berries, whipped butter, powdered sugar ~ \$11.75

### LOX PLATE

smoked salmon, baby heirloom tomato, caper berries, fennel pollen chive cream cheese, copper moose farm mixed micro greens, pickled red onions, toasted everything bagel ~ \$14.75

### AVOCADO AND BEET TOAST \*

beet hummus, avocado, goat cheese, micro greens, black Hawaiian sea salt, toasted sprouted wheat berry bread ~ \$10.25

### CRUSTLESS QUICHE OF THE DAY gf

served with a side of fresh fruit ~ \$11.25

### IRISH OATMEAL \*\* gf

served with your choice of:

golden raisins, pecans, almonds, chia seeds, coconut, dried cranberries  
brown sugar, honey ~ \$7.25

### KIDS PLATE \*

half-portion scrambled eggs,  
sourdough bread, side of berries ~ \$6.75

### SIDES

GROCERY~CAFÉ OOMPH! FINGERLING POTATOES \* gf ~ \$4.50 add cheese ~ \$1.50

FRESH FRUIT SALAD \* gf ~ \$7.25

SIDE OF BERRIES ~ \$3.75, BOWL OF BERRIES ~ \$12.50

BAGEL AND CREAM CHEESE \* ~ \$4.75, CHOICE OF TOAST \* ~ \$3.15

DEER VALLEY GRANOLA \* ~ milk ~ \$7.25

SIDE OF BACON OR NIMAN RANCH APPLE SAUSAGE LINK ~ \$5.25

\* vegetarian \*\* vegan gf = gluten-free

(not produced in a vegetarian, vegan or gluten-free environment)